

# Telecoms Safety Training

## Basic Climber



For workers who must operate **within** edge-protected areas on telecommunications masts/towers, scaffolding and similar structures using personal fall protection equipment. Successful delegates are competent to perform work positioning\* and fall arrest techniques on fixed vertical ladders and platforms.

*This course is provided as a prerequisite for candidates attending AAT03 Qualified Climber who do not have prior climber training.*

### Course Content

- ▼ UK legislation and best practices for work at height.
- ▼ Hazards associated with work at height on towers and masts.
- ▼ Management of falling object hazards.
- ▼ Hierarchy of control measures for safe work at height.
- ▼ Selection of personal fall protection equipment (PFPE).
- ▼ Access and anchor systems.
- ▼ Principles of safe climbing within protected areas (fixed vertical ladders and platforms).
- ▼ Pre-use inspection of basic PFPE.
- ▼ Practical use of PFPE for work positioning and fall arrest.
- ▼ Climbing fixed ladders with installed systems and PFPE.

*\*Full-suspension and rope access techniques are not included*

Course code	<b>AAT06</b>
Training time	<b>1 day</b>
Certification	<b>3 years</b>
Your venues	<b>Yes<sup>1</sup></b>
Student ratio	<b>4:1</b>
Practical	<b>Yes</b>
Certification	<b>Ainscough</b>

1: Use of customer sites will be subject to an assessment.

Delegates must be medically-fit to perform the practical elements of this course and must sign a medical disclaimer to that effect.



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