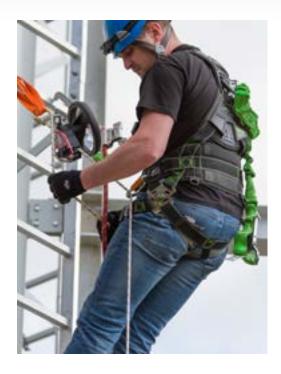
Telecoms Safety Training

AINSCOUGH GRANE HIRE LTD

Tower Rescue



Course code	AAT04
Training time	1 day
Certification	3 years
Your venues	Yes ¹
Student ratio	4:1
Practical	Yes
Certification	Ainscough

1: Use of customer sites will be subject to an assessment.

Delegates must be medically-fit to perform the practical elements of this course and must sign a medical disclaimer to that effect. This practical course is aimed at persons who must perform rescues of a colleague from outside protected areas on towers/masts, pylons or similar structures using abseil* or fixed-rate descent equipment.

Course Content

- UK legislation and best practices for work at height rescue.
- Hazards associated with work at height rescue.
- Selection of rescue equipment.
- Access and anchor systems for rescue.
- Management of suspension intolerance (pre-syncope).
- Pre-use inspection of tower rescue equipment.
- Assisted lower and descent rescue practical skills.
- Rescues while supported by work positioning equipment.
- Use of taglines and cableways to avoid obstructions.

Prerequisites

- Valid Qualified Climbing qualification (such as AAT03).
- A suitable First Aid qualification is recommended for all persons performing workplace rescue.



Ainscough Crane Hire Ltd.
Bradley Hall, Bradley Lane, Standish, Wigan WN6 0XQ

10257 478522 ■ 01257 421051

health.safety@ainscough.co.uk

^{*}This course does not provide certification in rope access techniques