

Telecoms Safety Training

Tower Rescue



This practical course is aimed at persons who must perform rescues of a colleague from outside protected areas on towers/masts, pylons or similar structures using abseil* or fixed-rate descent equipment.

Course Content

- ▼ UK legislation and best practices for work at height rescue.
- ▼ Hazards associated with work at height rescue.
- ▼ Selection of rescue equipment.
- ▼ Access and anchor systems for rescue.
- ▼ Management of suspension intolerance (pre-syncope).
- ▼ Pre-use inspection of tower rescue equipment.
- ▼ Assisted lower and descent rescue practical skills.
- ▼ Rescues while supported by work positioning equipment.
- ▼ Use of taglines and cableways to avoid obstructions.

**This course does not provide certification in rope access techniques*

Prerequisites

- ▼ Valid Qualified Climbing qualification (such as AAT03).
- ▼ A suitable First Aid qualification is recommended for all persons performing workplace rescue.

Course code	AAT04
Training time	1 day
Certification	3 years
Your venues	Yes¹
Student ratio	4:1
Practical	Yes
Certification	Ainscough

1: Use of customer sites will be subject to an assessment.

Delegates must be medically-fit to perform the practical elements of this course and must sign a medical disclaimer to that effect.



Ainscough Crane Hire Ltd.
Bradley Hall, Bradley Lane, Standish, Wigan WN6 0XQ
☎ 01257 478522 📠 01257 421051
✉ health.safety@ainscough.co.uk