

Telecoms Safety Training



ARQIVA Qualified Climber



This practical course is aimed at persons who must access beyond protected areas on telecommunications masts/towers, pylons, scaffolding and similar structures using personal fall protection equipment. Successful delegates are competent to perform work positioning* and fall arrest techniques.

Following on from this module delegates are encouraged to attend AAT04 Tower Rescue.

Course Content

- ▼ UK legislation and best practices for work at height.
- ▼ Hazards associated with work at height on towers and masts.
- ▼ Management of falling object hazards.
- ▼ Hierarchy of control measures for safe work at height.
- ▼ Selection of personal fall protection equipment (PFPE).
- ▼ Access and anchor systems including temporary rope lifelines.
- ▼ Principles of safe climbing.
- ▼ Pre-use inspection of basic PFPE.
- ▼ Climbing fixed ladders with installed systems and PFPE.
- ▼ Use of work positioning and fall arrest PFPE on open structures.

This syllabus is approved by Arqiva Broadcast Holdings Ltd. and in combination with AAT05 RF Awareness provides candidates with competence to access Arqiva-controlled sites.

Course code	AAT03
Training time	1 day
Certification	3 years
Your venues	Yes¹
Student ratio	4:1
Practical	Yes
Certification	Ainscough

1: Use of customer sites will be subject to an assessment.

Delegates must be medically-fit to perform the practical elements of this course and must sign a medical disclaimer to that effect.

**Full-suspension and rope access techniques are not included*

Prerequisites

- ▼ Valid Basic Climbing qualification (such as AAT06).



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For more details and advice on selecting the correct course from our range, please contact us.

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