

# Telecoms Safety Training



## ARQIVA Roof Worker — Flat Rooftops



This practical course is aimed at persons who must access horizontal rooftops using collective and personal fall protection equipment. Successful delegates are competent to perform work restraint, work positioning and fall arrest techniques as part of rooftop access.

*Following on from this module delegates are encouraged to attend AAG03 General Work at Height—Rescue.*

### Course Content

- ▼ UK legislation and best practices for work on flat rooftops.
- ▼ Hazards associated with rooftop access.
- ▼ Safe work near fragile surfaces and unprotected edges.
- ▼ Management of falling object hazards.
- ▼ Hierarchy of control measures for safe work at height.
- ▼ Selection of personal fall protection equipment (PFPE).
- ▼ Pre-use inspection of basic PFPE for rooftop access.
- ▼ Practical use of PFPE for work restraint and fall arrest.
- ▼ Access to rooftops using fixed and portable ladders.

This syllabus is approved by Arqiva Broadcast Holdings Ltd. and in combination with AAT05 RF Awareness provides candidates with competence to access Arqiva-controlled rooftop sites.

Course code	<b>AAT01</b>
Training time	<b>1 day</b>
Certification	<b>3 years</b>
Your venues	<b>Yes<sup>1</sup></b>
Student ratio	<b>6:1</b>
Practical	<b>Yes</b>
Certification	<b>Ainscough</b>

1: Use of customer sites will be subject to an assessment.

Delegates must be medically-fit to perform the practical elements of this course and must sign a medical disclaimer to that effect.



Ainscough Crane Hire Ltd.  
Bradley Hall, Bradley Lane, Standish, Wigan WN6 0XQ  
☎ 01257 478522 📠 01257 421051  
✉ health.safety@ainscough.co.uk

[www.ainscough.co.uk](http://www.ainscough.co.uk)

For more details and advice on selecting the correct course from our range, please contact us.

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